

# Your child's growth hormone journey has begun.



## How can you be the best advocate for your child?

Parents are often the best advocates for their child during the treatment process and being educated is the first step.



## STEP 1 Know your options

Having your child diagnosed with growth disorder can be daunting. The first thing you may want to do is check your health plan to see the list of the covered medication options, which may include growth hormone therapy. This is called a **formulary**, or preferred medication list.

Your health plan, along with your child's health care team, will work together in selecting the medication that can help achieve the treatment goals agreed upon with your child's health care team.

Each health care plan has its own formulary, so it's important to learn which medications may be considered for your child.

## STEP 2 Remember to research

Once you know which medications may be covered on your insurance, it's important to research the preferred options to see what real people like you have to say.



You can go online to find out how parents of children with growth disorder feel about their treatment regime. This will give you information about what you may expect.

## STEP 3 Register for patient support



Your child's preferred medication will have a patient support program, also known as a "patient hub service." Registering for these types of services may allow you to have access to patient resources, support, information, and, if eligible, savings.

## STEP 4 If you're approved



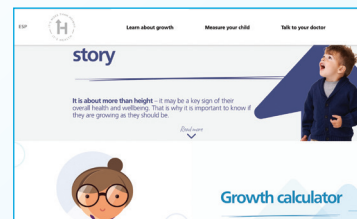
Make sure you coordinate with your child's physician to find out which specialty pharmacy will be sending their medication.

## STEP 5 What if I'm denied?

- You can work with the doctor's office for assistance. Most offices have a billing specialist whose job is to help patients' families with insurance questions and concerns
- If you're on your employer's group insurance plan, you can reach out to your HR department for help in navigating the treatment process
- You can learn tips, strategies, and gain support online from other parents with similar insurance challenges
- There are advocacy groups like MAGIC Foundation and the Human Growth Foundation that can help you and your child on your journey

## GROWING RESOURCES

We realize that your child is your priority, and you may want to learn more about growth hormone deficiency (GHD). Here are some resources that may help support you and your child on your journey.



### Morethanheight.com

Focusing on children's growth disorders and growth awareness



### Magicfoundation.org

A vital site for endocrine health, advocacy, education, and support

# YOU AND YOUR CHILD ARE NOT ALONE ON THIS JOURNEY

As your journey on the path of managing your child's growth hormone disorder continues, you may have a growing desire to explore all the information, resources, advocacy groups, and, of course, potential therapies that may assist you and your child along the way.

**With this kind of support, you can  
continue to empower your child.**

